MANNATECH®

TruHealth™
Supplement Facts

TruHealth SHAKE



Supplement Facts

Serving Size 2 scoops (37.5 g)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	140	
Fat	5 g	6%‡
Saturated fat	2.5 g	13%‡
Polyunsaturated fat	1 g	**
Monounsaturated fat	1.5 g	**
Total carbohydrates	7 g	3%‡
Dietary fiber	5 g	18%‡
Total sugars	1 g	**
Protein	21 g	35%‡
Vitamin B_{12} (as cyanocobalamin)	1 mcg	42%
Calcium	60 mg	5%
Iron	5.2 mg	29%
Sodium	290 mg	13%
Potassium	140 mg	3%
Prebiotic Fiber Blend: Baobab (*Adansonia digitata*) fruit, Gum arabic, Chicory root (inulin)	4.9 g	**
Medium chain triglycerides (from refined coconut oil)	1.7 g	**
Extra virgin olive (fruit) oil	1.2 g	**
Digestive Enzyme Blend: Alpha-amylase, protease, lactase, lipase, cellulase	22 mg	**
GlycoNutrient Blend: Arabinogalactan*** (from Larch *(Larix laricina)* tree extract), Aloe vera extract (inner leaf gel) powder§	3.5 mg	**

‡ Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Other ingredients: Pea protein, pumpkin seed protein, sunflower seed protein, natural flavors, silicon dioxide, sea salt, thaumatin

§Manapol® Aloe vera extract
***Ambroguard® Arabinogalactan powder

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TruHealth CLEANSE



Supplement Facts

Serving Size 1 slimstick
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%‡
Xylitol	1 g	
Vitamin B_6 (as Pyridoxine hydrochloride)	0.5 mg	29%
FOS (Fructooligosaccharides)	300 mg	**
Green Alkalizing Blend: Alfalfa grass (leaves), Wheat grass (leaves), Barley grass (leaves), Lemon juice (fruit), Kale (leaves), Astragalus extract (root), Spirulina, Oat grass (leaves), Chlorella	243 mg	**
CeleryPure Blend: Celery extract (stem, leaf), Lemon (fruit), Apple juice (fruit), Ginger extract (root), Cayenne (fruit)	200 mg	**
Milk thistle extract (seed)	240 mg	**
Burdock (root)	25 mg	**
Turmeric (root)	30 mg	**
Enzyme Blend: Alpha-Amylase, Neutral Protease, Lactase, Lipase and Cellulase	5.5 mg	**
Aloe vera extract† (inner leaf gel)	2 mg	**

‡Percent Daily Value based on a 2,000 calorie diet.
**%Daily Value (DV) not established.

Other Ingredients: Xylitol, malic acid, natural flavors, citric acid, rebaudioside A

†Manapol® Aloe vera inner leaf gel extract

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TruHealth SATIETY



Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Chromium (as chromium picolinate)	100 mcg	286%
MetaboBiome™ Proprietary Blend		
N-acetyl-D-Glucosamine	200 mg	†
Dihydroberberine (GlucoVantage®)	200 mg	†
Thymoquinone• (from black cumin seed extract)	8 mg	†
Glycan Power Blend		
Glucomannan	225 mg	†
Aloe vera extract§ (inner leaf gel powder)	5 mg	†

†Daily Value not established

Other ingredients: Vegetable Capsule (Hypromellose), BioSNEDS™ ThymoPro™ Delivery Matrix (Rice Hull Fiber, Coconut/Palm Fruit Fatty Acids, Lecithin, Dextrin, Glycerin, Glycine, Beet/Cane Sugar, Citrus/Berry Extract), Silicon Dioxide, Magnesium Stearate

§Manapol® Aloe vera extract **GLUTEN FREE**

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