

FAQs FOR

TRUHEALTH SATIETY



What is TruHealth Satiety?

TruHealth Satiety is an advanced natural supplement designed to support healthy weight management, healthy metabolism, and overall wellness.* † It features the unique MetaboBiome™ Proprietary Blend, which works synergistically to promote satiety, digestive health, and cellular health.*

How does TruHealth Satiety work?

TruHealth Satiety utilizes a combination of powerful, scientifically-backed ingredients such as Dihydroberberine, Konjac Gum, and ThymoPro™ (Thymoquinone).* These ingredients work together to promote feelings of fullness, support metabolic processes, enhance nutrient absorption, and contribute to a healthy digestive system.*

What are the key benefits of taking TruHealth Satiety?

- Supports healthy weight management and appetite control*†
- Optimizes metabolism and energy efficiency*
- Promotes cellular health and immune function*
- Boosts gut health and nutrient absorption*
- Provides a holistic approach to overall wellness*

What makes TruHealth Satiety different from other weight management supplements?

TruHealth Satiety stands out due to its use of BioSNEDS™ technology, which enhances the absorption and bioavailability of one of its key ingredient, thymoquinone.* The product also combines natural, scientifically validated components like N-Acetyl-D-Glucosamine (NAG) and dihydroberberine for comprehensive health support, offering a multi-dimensional approach not commonly found in other products.*

How should TruHealth Satiety be taken?

It is recommended to take two capsules 20-30 minutes before a meal. Do not exceed the recommended dosing.* This pre-meal timing helps maximize the satiety and appetite control benefits.*

Who can benefit from using TruHealth Satiety?

TruHealth Satiety is ideal for individuals looking to manage their weight naturally,* health-conscious consumers aiming to optimize metabolism, and those interested in maintaining digestive and cellular health as part of their wellness routine.*†

Are there any known side effects?

TruHealth Satiety is formulated using natural ingredients and is generally well-tolerated.* As with any supplement, individuals should review the ingredient list for potential allergens and consult a healthcare professional if they have any medical conditions or concerns.*

What ingredients in TruHealth Satiety support gut health?

The product features Konjac Gum, known for its high soluble fiber content, which aids in digestion and gut health.* N-Acetyl-D-Glucosamine (NAG) also plays a role in maintaining a healthy digestive system.*

Can TruHealth Satiety help support blood sugar levels already in a healthy range?

Yes, TruHealth Satiety includes ingredients such as Chromium Picolinate and Dihydroberberine that support healthy blood sugar levels already within normal ranges,* contributing to balanced energy and optimized metabolism.*

Which ingredient in the product has scientific absorption technology?

TruHealth Satiety incorporates BioSNEDS™ (Self-Nanoemulsifying Delivery System) technology, for one of the key ingredients thymoquinone, which enhances its absorption.*

Is TruHealth Satiety backed by scientific research?

Yes, the formulation is rooted in scientifically backed ingredients chosen for their efficacy in promoting satiety, optimizing metabolism and promoting digestive health.* TruHealth Satiety reflects Mannatech's commitment to innovation, efficacy, and science-backed solutions.*

Can TruHealth Satiety be used with other Mannatech products?

Absolutely. TruHealth Satiety is designed to complement other Mannatech products, especially Ambrotose, to provide optimal cellular health support and overall wellness.*



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† When taken as directed and used in conjunction with a reduced-calorie diet and exercise.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.